

Personal Gear Check Sheet

- Frame Backpack w/ hip belt
- Hiking Boots – Sturdy and Broken in
- Sandals or sneakers
- 3 pair underwear
- 3 Synthetic T-shirts
- 1 Pair Long Pants (not blue jeans)
- 1 Long Sleeved Fleece
- 2 Pair Hiking Shorts (can also be used for swim suit)
- 3 Pair thick hiking socks
- All clothing stored in waterproof sealable bags
- Rain Jacket with pants **or** Sturdy poncho with gaiters
- Sleeping Bag with stuff sack
- Sleeping Pad
- Nylon Pack Cover
- Small Towel
- Hat with brim
- Backpacking tent per two scouts
- Small plastic ground cloth
- Biodegradable Soap
- Toothbrush and toothpaste
- Washcloth
- Toilet paper in sealable bag
- Plate or bowl and spoon
- 2 Quart-sized water bottles
- Small** pocket knife
- Small** flashlight or headlamp (AA or smaller)
- Sunscreen
- Sunglasses
- Compass

Optional

- Insect Repellant
- Camera
- Backpacking Stove
- Water Filter
- Small Paperback book